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Bread & Nibbles							This	dish cont	tains							Su	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Aglio Flatbread	wheat										•					Yes	Yes	No
Genovese Flatbread	wheat										•					Yes	Yes	No
Italian Breads	• wheat, oat, barley										•		•			Yes	No	No
Large Green Olives																Yes	Yes	Yes
Mozzarella Flatbread	wheat							•			•					Yes	No	No

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Antipasti							This	dish cont	tains							Si	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Antipasti for 1	• wheat, oat, barley							•							•	No	No	No
Antipasti for 2	• wheat, oat, barley							•							•	No	No	No
Vegetable Antipasti for 1	• wheat							•					•		•	Yes	No	No
Vegetable Antipasti for 2	• wheat							•					•		•	Yes	No	No
Arancini Diavola & Garlic Mayo	• wheat			•		٥	٥	•	•		٥	•	•		• Thermised	No	No	No
Tomato Bruschetta Garlic & Basil	• wheat															Yes	Yes	No
Crispy Squid	• wheat			٥		•	•	>	•	•	•	•	•			No	No	No
Seared King Prawns	wheat				•								•			No	No	No
Caprese Salad								•								Yes	No	Yes

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Pasta & Risotto							This	dish cont	tains							Su	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Chicken & Mushroom Strozzapreti	• wheat							•				•	•		•	No	No	No
Pappardelle Bolognese	• wheat							•	•			•	•		•	No	No	No
Bucatini Carbonara	• wheat							•	•			•				No	No	No
Penne Pomodoro	• wheat							•				•				Yes	No	No
Risotto Primavera								•					•		•	Yes	No	Yes
Seafood Linguine	• wheat				•	•		•	•				•			No	No	No
Spicy Pork & Nduja Ragu	• wheat							•	•			•	•		•	No	No	No
Spinach & Ricotta Ravioli, Tomato & Basil	• wheat							•	•						• Thermised	Yes	No	No

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Pizza							This	dish cont	ains							Si	uitable for	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Cotto Ham & Fungi	• wheat							•			•					No	No	No
Salsiccia e Friarielli Tomato	• wheat							•			•					No	No	No
Parma	• wheat							•			•					No	No	No
Margherita	• wheat							•			•					Yes	No	No
Campagnola	wheat							•			•					Yes	No	No
Vesuvio	wheat							•			•					No	No	No

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Add Ons							This	dish cont	ains							Si	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Add Anchovies				•												No	No	Yes
Add Buffalo Mozzarella								•								Yes	No	No
Add Cotto Ham																No	No	Yes
Add Free Range Egg									•							Yes	No	Yes
Add Mushrooms																Yes	Yes	Yes
Add Spicy 'Nduja																No	No	Yes
Add Olives																Yes	Yes	Yes
Add Prosciutto																No	No	Yes
Add Smoked Peppers																Yes	Yes	Yes

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Mains & Grill							This	dish cont	tains							Su	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Salmon Chickpeas Green Beans & Salsa Verde				•									•			No	No	Yes
Pollo Funghi								•					•			No	No	Yes
Chicken Milanese	• wheat							•	•						•	No	No	No
Italian Steak & Frites	٥			٥		٥	٥	•	٥	٥	٥	٥	٥		•	No	No	Yes
Seabass				•												No	No	Yes
British Sirloin Steak	٥			٥		٥	٥	•	٥	٥	٥	٥	٥		•	No	No	Yes
Strada Burger	• wheat			٥		٥	٥	•	•	٥	٥	٥	•			No	No	No
Add Piri Piri Sauce																Yes	Yes	Yes

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Salad							This	dish cont	ains							Su	uitable for	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Caesar Salad	• wheat			•				•	•						•	No	No	No
Caesar Salad with Chicken	• wheat			•				•	•						•	No	No	No
Caesar Salad with Goats Cheese	• wheat			•				•	•						•	No	No	No
Caesar Salad with Salmon	• wheat			•				•	•						•	No	No	No
Superfood Salad							•			•						Yes	Yes	Yes
Superfood Salad with Chicken							•			•						No	No	Yes
Superfood Salad with Goats Cheese							•	•		•						Yes	No	Yes
Superfood Salad with Salmon				•			•			•						No	No	Yes

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Sides							This	dish cont	tains							Sı	uitable for	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Tender Stem Broccoli																Yes	Yes	Yes
Green Beans																Yes	Yes	Yes
Roasted New Potatoes																Yes	Yes	Yes
Skinny Fries	٥			٥		٥	٥	٥	٥	٥	٥	٥	٥			Yes	Yes	Yes
Truffle Fries	٥			٥		٥	٥	•	٥	٥	٥	•	٥		•	Yes	No	Yes
Sicilian Tomato & Onion Salad																Yes	Yes	Yes
House Salad, Market Lettuce, Cucumber, Baby Tomatoes & Basil																Yes	Yes	Yes

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Desserts							This	dish cont	tains							Su	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Chocolate Fondant	• wheat							•	•		•					Yes	No	No
Chocolate Ice Cream								•	•		•					Yes	No	Yes
Lemon Sorbet																Yes	Yes	Yes
Mango Sorbet																Yes	Yes	Yes
Raspberry Sorbet																Yes	Yes	Yes
Tiramisu	• wheat							•	•		•					Yes	No	No
Salted Caramel Ice Cream											•					Yes	Yes	Yes
Sticky Toffee Pudding	• wheat							•	•		•		•			Yes	No	No

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Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Cheesecake & Berry Compote	• wheat, barley							•	•		•					Yes	No	No
Strawberry Ice Cream								•	•							Yes	No	Yes
Vanilla Ice Cream								•	•							Yes	No	Yes

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Kids Starters							This	dish con	tains							Su	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Grissini	• wheat, oat, barley															No	No	No
Veggie Sticks																Yes	Yes	Yes

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Kids Mains							This	dish cont	tains							Su	uitable fo	r?
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Baked Market Fish	0			•		٥	٥	٥	٥	٥	٥	٥	٥			No	No	Yes
Chargrill Chicken	<u> </u>			٥		٥	٥	٥	٥	٥	٥	٥	٥			No	No	Yes
Penne Pompodoro	• wheat							•				•				No	No	No
Margherita Pizza	• wheat							•			•					Yes	No	No
Pasta Carbonara	• wheat							•	•			•				No	No	No
Tagliatelle Bolognese	• wheat							•	•			•	•			No	No	No

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Kids Desserts		This dish contains															Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets	
Chocolate & Hazelnut Pizzeta	• wheat		• hazelnut					•			•					Yes	No	No	
Fresh Fruit																Yes	Yes	Yes	
Ice Lolly - Apple																Yes	Yes	Yes	
Ice Lolly - Berry																Yes	Yes	Yes	
Vanilla Ice Cream								•	•							Yes	No	Yes	
Strawberry Ice Cream								•	•							Yes	No	Yes	
Chocolate Ice Cream								•	•		•					Yes	No	Yes	

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