

Allergen Information

Strada August 2024 | Version 1.3

Bread & Nibbles	This dish contains															Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Aglio Flatbread	• wheat										•					Yes	Yes	No
Genovese Flatbread	• wheat										•					Yes	Yes	No
Italian Breads	• wheat, oat, barley										•		•			Yes	No	No
Large Green Olives																Yes	Yes	Yes
Mozzarella Flatbread	• wheat							•			•					Yes	No	No

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Guide to symbols

• a **red dot** indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.

◊ a **purple diamond** indicates that during preparation a piece of equipment, such as a fryer, is also used for another dish which may also contain this allergen.

■ a **grey box** indicates that the allergen is contained in a simple ingredient and the dish can be modified to remove it. Please ask your server for more details

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Antipasti	This dish contains															Suitable for?		
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Antipasti for 1	• wheat, oat, barley							•							•	No	No	No
Antipasti for 2	• wheat, oat, barley							•							•	No	No	No
Vegetable Antipasti for 1	• wheat							•					•		•	Yes	No	No
Vegetable Antipasti for 2	• wheat							•					•		•	Yes	No	No
Arancini Diavola & Garlic Mayo	• wheat			•		◇	◇	•	•		◇	•	•		• Thermised	No	No	No
Tomato Bruschetta Garlic & Basil	• wheat															Yes	Yes	No
Crispy Squid	• wheat			◇		•	•	◇	•	•	•	•	•			No	No	No
Seared King Prawns	• wheat				•											No	No	No
Caprese Salad								•								Yes	No	Yes

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Pasta & Risotto	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Chicken & Mushroom Strozzapreti	• wheat							•				•	•		•	No	No	No
Risotto Pescatora					•	•		•					•			No	No	Yes
Pappardelle Bolognese	• wheat							•	•			•	•		•	No	No	No
Bucatini Carbonara	• wheat							•	•			•				No	No	No
Penne Pomodoro	• wheat							•				•				Yes	No	No
Risotto Primavera								•					•		•	Yes	No	Yes
Seafood Linguine	• wheat				•	•		•	•				•			No	No	No
Rigatoni Ragu Pugliese, Spicy Pork Ragu & Tenderstem Broccoli	• wheat							•	•			•	•		• Thermised	No	No	No
Spinach & Ricotta Ravioli, Tomato & Basil	• wheat							•	•						• Thermised	Yes	No	No

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Pizza	This dish contains															Suitable for?		
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Cotto Ham & Fungi	• wheat							•			•					No	No	No
Salsiccia e Friarielli Tomato	• wheat							•			•					No	No	No
Parma	• wheat							•			•					No	No	No
Margherita	• wheat							•			•					Yes	No	No
Campagnola	• wheat							•			•					Yes	No	No
Vesuvio	• wheat							•			•					No	No	No

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Add Ons	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Add Anchovies				•												No	No	Yes
Add Buffalo Mozzarella								•								Yes	No	No
Add Cotto Ham																No	No	Yes
Add Free Range Egg									•							Yes	No	Yes
Add Mushrooms																Yes	Yes	Yes
Add Spicy 'Nduja																No	No	Yes
Add Olives																Yes	Yes	Yes
Add Prosciutto																No	No	Yes
Add Smoked Peppers																Yes	Yes	Yes

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Mains & Grill	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Salmon Chickpeas Green Beans & Salsa Verde				•									•			No	No	Yes
Pollo Funghi								•					•			No	No	Yes
Chicken Milanese	• wheat							•	•						•	No	No	No
Italian Steak & Frites	◇			◇		◇	◇	•	◇	◇	◇	◇	◇		•	No	No	Yes
Seabass				•												No	No	Yes
British Sirloin Steak	◇			◇		◇	◇	•	◇	◇	◇	◇	◇		•	No	No	Yes
Strada Burger	• wheat			◇		◇	◇	•	•	◇	◇	◇	•			No	No	No
Add Piri Piri Sauce																Yes	Yes	Yes

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Salad	This dish contains															Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Caesar Salad	• wheat			•				•	•						•	No	No	No
Caesar Salad with Chicken	• wheat			•				•	•						•	No	No	No
Caesar Salad with Goats Cheese	• wheat			•				•	•						•	No	No	No
Caesar Salad with Salmon	• wheat			•				•	•						•	No	No	No
Superfood Salad							•			•						Yes	Yes	Yes
Superfood Salad with Chicken							•			•						No	No	Yes
Superfood Salad with Goats Cheese							•	•		•						Yes	No	Yes
Superfood Salad with Salmon				•			•			•						No	No	Yes

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Sides	This dish contains															Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Tender Stem Broccoli																Yes	Yes	Yes
Green Beans																Yes	Yes	Yes
Roasted New Potatoes																Yes	Yes	Yes
Skinny Fries	◇			◇		◇	◇	◇	◇	◇	◇	◇	◇			Yes	Yes	Yes
Truffle Fries	◇			◇		◇	◇	●	◇	◇	◇	◇	◇		●	Yes	No	Yes
Sicilian Tomato & Onion Salad																Yes	Yes	Yes
House Salad, Market Lettuce, Cucumber, Baby Tomatoes & Basil																Yes	Yes	Yes

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Desserts	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Chocolate Fondant	• wheat							•	•		•					Yes	No	No
Chocolate Ice Cream								•	•		•					Yes	No	Yes
Lemon Sorbet																Yes	Yes	Yes
Mango Sorbet																Yes	Yes	Yes
Raspberry Sorbet																Yes	Yes	Yes
Tiramisu	• wheat							•	•		•					Yes	No	No
Salted Caramel Ice Cream								•	•							Yes	No	Yes
Sticky Toffee Pudding	• wheat							•	•		•		•			Yes	No	No

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Cheesecake & Berry Compote	• wheat, barley							•	•		•					Yes	No	No
Strawberry Ice Cream								•	•							Yes	No	Yes
Vanilla Ice Cream								•	•							Yes	No	Yes

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Kids Starters	This dish contains															Suitable for?		
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Grissini	• wheat, oat, barley															No	No	No
Veggie Sticks																Yes	Yes	Yes

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Kids Mains	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Baked Market Fish	◇			•		◇	◇	◇	◇	◇	◇	◇	◇			No	No	Yes
Chargrill Chicken	◇			◇		◇	◇	◇	◇	◇	◇	◇	◇			No	No	Yes
Penne Pomodoro	• wheat															No	No	No
Margherita Pizza	• wheat										•					Yes	No	No
Pasta Carbonara	• wheat										•					No	No	No
Tagliatelle Bolognese	• wheat										•		•			No	No	No

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Kids Desserts	This dish contains															Suitable for?		
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Chocolate & Hazelnut Pizzeta	• wheat		• hazelnut					•			•					Yes	No	No
Fresh Fruit																Yes	Yes	Yes
Ice Lolly - Apple																Yes	Yes	Yes
Ice Lolly - Berry																Yes	Yes	Yes
Vanilla Ice Cream								•	•							Yes	No	Yes
Strawberry Ice Cream								•	•							Yes	No	Yes
Chocolate Ice Cream								•	•		•					Yes	No	Yes

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