

Allergen Information

Strada NG Spring Summer 2023 | Version 1.4

Antipasti	This dish contains														Suitable for?			
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Antipasti for 1								•	•						•	No	No	Yes
Antipasti for 2								•	•						•	No	No	Yes
Vegetable Antipasti for 1								•	•				•		•	Yes	No	Yes
Vegetable Antipasti for 2								•	•				•		•	Yes	No	Yes
Tomato Bruschetta Garlic & Basil									•							Yes	No	Yes
Large Green Olives																Yes	Yes	Yes
Caprese Salad								•								Yes	No	Yes

* pine nuts are actually a kernel and not a recognised allergen.

Guide to symbols

- a red dot indicates that the allergen is present in the dish. The allergen may appear in more than one ingredient and it may not be immediately obvious, for example; the allergen could be hidden in a sauce.
- ◊ a purple diamond indicates that during preparation a piece of equipment, such as a fryer, is also used for another dish which may also contain this allergen.
- a grey box indicates that the allergen is contained in a simple ingredient and the dish can be modified to remove it. Please ask your server for more details

IMPORTANT NOTE: Please be aware that although the allergens may not be contained in the ingredients of your dish, they may still be present in the kitchen environment and cannot be removed entirely. Therefore, please ensure your server is aware of your allergy or intolerance. This is so that the order can be properly communicated to the kitchen team and they, in turn, can take extra steps to prevent any possible cross-contamination.

In accordance with the law, Gluten is not declarable when less than 20ppm and Sulphites when less than 10ppm.

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Pasta & Risotto	This dish contains															Suitable for?		
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Pappardelle Bolognese								•				•	•		•	No	No	Yes
Penne Pomodoro								•				•				Yes	No	Yes
Chicken & Mushroom Strozzapreti								•				•	•		•	No	No	Yes
Seafood Pomodoro					•	•		•					•			No	No	Yes
Carbonara								•	•							No	No	Yes
Risotto Primavera								•					•		•	Yes	No	Yes

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Add Ons	This dish contains														Suitable for?			
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Add Anchovies				•												No	No	Yes
Add Buffalo Mozzarella								•								Yes	No	Yes
Add Cotto Ham																No	No	Yes
Add Free Range Egg									•							Yes	No	Yes
Add Mushrooms																Yes	Yes	Yes
Add Spicy 'Nduja																No	No	Yes
Add Olives																Yes	Yes	Yes
Add Prosciutto																No	No	Yes
Add Smoked Peppers																Yes	Yes	Yes

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Mains & Grill	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Salmon Chickpeas Green Beans & Salsa Verde				•									•			No	No	Yes
Pollo Funghi								•					•			No	No	Yes
Italian Steak & Frites	◇					◇	◇	•	◇	◇	◇	◇	◇		•	No	No	Yes
Seabass				•												No	No	Yes
British Sirloin Steak	◇					◇	◇	•	◇	◇	◇	◇	◇		•	No	No	Yes
Strada Burger								•	•							No	No	Yes
Add Piri Piri Sauce																Yes	Yes	Yes

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Salad	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Caesar Salad				•				•	•						•	No	No	Yes
Caesar Salad with Chicken				•				•	•						•	No	No	Yes
Caesar Salad with Goats Cheese				•				•	•						•	No	No	Yes
Caesar Salad with Salmon				•				•	•						•	No	No	Yes
Superfood Salad							•			•						Yes	Yes	Yes
Superfood Salad with Chicken							•			•						No	No	Yes
Superfood Salad with Goats Cheese							•	•		•						Yes	No	Yes
Superfood Salad with Salmon				•			•			•						No	No	Yes

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Sides	This dish contains															Suitable for?		
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Unpasteurised Cheese	Vegetarian	Vegan	Non-Gluten diets
Tender Stem Broccoli																Yes	Yes	Yes
Green Beans																Yes	Yes	Yes
Roasted New Potatoes																Yes	Yes	Yes
Skinny Fries	◇					◇	◇	◇	◇	◇	◇	◇	◇			Yes	Yes	Yes
Truffle Fries	◇					◇	◇	●	◇	◇	◇	◇	◇		●	Yes	No	Yes
Sicilian Tomato & Onion Salad																Yes	Yes	Yes
House Salad, Market Lettuce, Cucumber, Baby Tomatoes & Basil																Yes	Yes	Yes

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Desserts	This dish contains														Suitable for?			
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Chocolate Ice Cream								•	•		•					Yes	No	Yes
Lemon Sorbet																Yes	Yes	Yes
Mango Sorbet																Yes	Yes	Yes
Raspberry Sorbet																Yes	Yes	Yes
Salted Caramel Ice Cream								•	•							Yes	No	Yes
Strawberry Ice Cream								•	•							Yes	No	Yes
Vanilla Ice Cream								•	•							Yes	No	Yes

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