

Allergen Information

Strada Spring Summer 2023 | Version 1.3

Bread & Nibbles	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Aglio Flatbread	• wheat										•				Yes	Yes	No
Genovese Flatbread	• wheat										•				Yes	Yes	No
Italian Breads	• wheat, oat, barley												•		No	No	No
Large Green Olives															Yes	Yes	Yes
Mozzarella Flatbread	• wheat							•			•				Yes	No	No

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Guide to symbols

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Antipasti	This dish contains														Suitable for?		
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Antipasti for 1	• wheat, oat, barley							•							No	No	No
Antipasti for 2	• wheat, oat, barley							•							No	No	No
Vegetable Antipasti for 1	• wheat							•					•		Yes	No	No
Vegetable Antipasti for 2	• wheat							•					•		Yes	No	No
Sundried Tomato Arancini & Basil Mayo	• wheat					◇	◇	•	•	•	◇	◇	•		Yes	No	No
Tomato Bruschetta Garlic & Basil	• wheat														Yes	Yes	No
Crispy Squid	• wheat					•	•	◇	•	•	•	•	•		No	No	No
Seared King Prawns	• wheat				•										No	No	No
Caprese Salad								•							Yes	No	Yes

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Pasta & Risotto	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Risotto Pescatora					•	•		•					•		No	No	Yes
Pappardelle Bolognese	• wheat							•	•			•	•		No	No	No
Bucatini Carbonara	• wheat							•	•			•			No	No	No
Penne Pomodoro	• wheat							•				•			Yes	No	No
Risotto Primavera								•					•		Yes	No	Yes
Seafood Linguine	• wheat				•	•		•	•				•		No	No	No
Spaghetti Pugliese	• wheat							•	•			•	•		No	No	No
Chicken & Mushroom Strozzapreti	• wheat							•				•	•		No	No	No

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Pizza	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Cotto Ham & Fungi	<div><div></div><div>wheat</div></div>							<div><div></div><div></div></div>			<div><div></div><div></div></div>				No	No	No
Salsiccia & Friarielli	<div><div></div><div>wheat</div></div>							<div><div></div><div></div></div>			<div><div></div><div></div></div>				No	No	No
Parma	<div><div></div><div>wheat</div></div>							<div><div></div><div></div></div>			<div><div></div><div></div></div>				No	No	No
Margherita	<div><div></div><div>wheat</div></div>							<div><div></div><div></div></div>			<div><div></div><div></div></div>				Yes	No	No
Campagnola Vegan	<div><div></div><div>wheat</div></div>										<div><div></div><div></div></div>				Yes	Yes	No
Vesuvio	<div><div></div><div>wheat</div></div>							<div><div></div><div></div></div>			<div><div></div><div></div></div>				No	No	No

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Add Ons	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Add Anchovies				•											No	No	Yes
Add Buffalo Mozzarella								•							Yes	No	No
Add Cotto Ham															No	No	Yes
Add Free Range Egg									•						Yes	No	Yes
Add Mushrooms															Yes	Yes	Yes
Add Spicy 'Nduja															No	No	Yes
Add Olives															Yes	Yes	Yes
Add Prosciutto															No	No	Yes
Add Smoked Peppers															Yes	Yes	Yes

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Mains & Grill	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Salmon Chickpeas Green Beans & Salsa Verde				•									•		No	No	Yes
Pollo Funghi								•					•		No	No	Yes
Chicken Milanese	• wheat							•	•						No	No	No
Italian Steak & Frites	◊					◊	◊	•	◊	◊	◊	◊	◊		No	No	Yes
Seabass				•											No	No	Yes
British Sirloin Steak	◊					◊	◊	•	◊	◊	◊	◊	◊		No	No	Yes
Strada Burger	• wheat					◊	◊	•	•	◊	◊	◊	◊		No	No	No
Add Piri Piri Sauce															Yes	Yes	Yes

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Salad	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Caesar Salad	• wheat			•				•	•						No	No	No
Caesar Salad with Chicken	• wheat			•				•	•						No	No	No
Caesar Salad with Goats Cheese	• wheat			•				•	•						No	No	No
Caesar Salad with Salmon	• wheat			•				•	•						No	No	No
Superfood Salad							•			•					Yes	Yes	Yes
Superfood Salad with Chicken							•			•					No	No	Yes
Superfood Salad with Goats Cheese							•	•		•					Yes	No	Yes
Superfood Salad with Salmon				•			•			•					No	No	Yes

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Sides	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Tender Stem Broccoli															Yes	Yes	Yes
Green Beans															Yes	Yes	Yes
Roasted New Potatoes															Yes	Yes	Yes
Skinny Fries	◇					◇	◇	◇	◇	◇	◇	◇	◇		Yes	Yes	Yes
Truffle Fries	◇					◇	◇	●	◇	◇	◇	◇	◇		Yes	No	Yes
Sicilian Tomato & Onion Salad															Yes	Yes	Yes
House Salad, Market Lettuce, Cucumber, Baby Tomatoes & Basil															Yes	Yes	Yes

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Desserts	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Chocolate Fondant	• wheat							•	•		•				Yes	No	No
Chocolate Ice Cream								•	•		•				Yes	No	Yes
Lemon Sorbet															Yes	Yes	Yes
Mango Sorbet															Yes	Yes	Yes
Raspberry Sorbet															Yes	Yes	Yes
Tiramisu				•				•	•		•		•		No	No	Yes
Salted Caramel Ice Cream								•	•						Yes	No	Yes
Sticky Toffee Pudding	• wheat							•	•				•		Yes	No	No

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Cheesecake & Berry Compote	<div><div></div><div>wheat, barley</div></div>							<div><div></div><div></div></div>	<div><div></div><div></div></div>		<div><div></div><div></div></div>				Yes	No	No
Strawberry Ice Cream								<div><div></div><div></div></div>	<div><div></div><div></div></div>						Yes	No	Yes
Vanilla Ice Cream								<div><div></div><div></div></div>	<div><div></div><div></div></div>						Yes	No	Yes

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Kids Starters	This dish contains														Suitable for?		
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Grissini	<div><div></div><div>wheat, oat, barley</div></div>														No	No	No
Veggie Sticks															Yes	Yes	Yes

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Kids Mains	This dish contains														Suitable for?		
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin	Vegetarian	Vegan	Non-Gluten diets
Baked Market Fish	◇			•		◇	◇	◇	◇	◇	◇	◇	◇		No	No	Yes
Chargrill Chicken	◇					◇	◇	◇	◇	◇	◇	◇	◇		No	No	Yes
Penne Pomodoro	• wheat							•				•			No	No	No
Margherita Pizza	• wheat							•			•				Yes	No	No
Pasta Carbonara	• wheat							•	•			•			No	No	No
Tagliatelle Bolognese	• wheat							•	•			•	•		No	No	No

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Kids Desserts	This dish contains														Suitable for?		
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Chocolate & Hazelnut Pizzeta	• wheat		• hazelnut					•			•				Yes	No	No
Fresh Fruit															Yes	Yes	Yes
Ice Lolly - Apple															Yes	Yes	Yes
Ice Lolly - Berry															Yes	Yes	Yes
Vanilla Ice Cream								•	•						Yes	No	Yes
Strawberry Ice Cream								•	•						Yes	No	Yes
Chocolate Ice Cream								•	•		•				Yes	No	Yes

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