

STRADA

SOUTHBANK

NON-GLUTEN MENU

STARTERS

LARGE GREEN OLIVES (VE) 3.50 203 KCAL

BRUSCHETTA (VG) 6.00

Plum & cherry tomatoes, basil, garlic & olive oil 419 KCAL

ANTIPASTI 10.00 / 18.50

Cured meats, olives, buffalo mozzarella, sun-dried tomatoes & tapenade 636 / 1212 KCAL

VEGETABLE ANTIPASTI (VG) 8.00 / 16.00

Marinated grilled vegetables, olives, buffalo mozzarella & tapenade 715 / 1273 KCAL

CAPRESE SALAD 9.50

Buffalo mozzarella, tomatoes, red onions, pesto & extra virgin olive oil 486 KCAL

SEARED KING PRAWNS 10.00

Chilli, garlic & parsley 526 KCAL

PASTA AND RISOTTO

ALL PASTAS SERVED WITH NON-GLUTEN FUSILLI

BOLOGNESE 15.00

Beef ragù, red wine 898 KCAL

POMODORO (VG) 12.00

San Marzano tomatoes, buffalo mozzarella 1014 KCAL

CHICKEN & MUSHROOM 16.00

Chicken, mushroom, tarragon, salsa verde & Parmesan 1596 KCAL

SEAFOOD POMODORO 18.00

Mussels, squid, prawns, capers, tomatoes & chilli 1077 KCAL

CARBONARA 14.50

Pancetta, egg, black pepper & Parmesan 1310 KCAL

RISOTTO PRIMAVERA (VG) 14.00

Peas, spring onion, tenderstem broccoli, spinach & Bella Lodi 786 KCAL

RISOTTO ALLA PESCATORA 17.50

Mussels, squid, prawns, tomatoes & chilli 911 KCAL

SALADS

ADD CHICKEN 5.00 241 KCAL, SALMON 7.00 367 KCAL OR GOAT'S CHEESE 4.00 50 KCAL

SUPERGREEN SALAD (VE) 11.00

Tenderstem broccoli, roasted beetroot market leaves, herbed mized quinoa, chilli & toasted seeds 451 KCAL

CAESAR SALAD 11.00

Lettuce, crisp pancetta, Parmesan & creamy anchovy dressing 285 KCAL

MAINS & GRILLS

Add peri-peri sauce to any main dish 2.50

POLLO FUNGHI 15.50

Creamy mushroom sauce, baby spinach, garlic & rosemary potatoes 625 KCAL

SEA BASS 18.50

Green beans, lemon, garlic & rosemary potatoes 274 KCAL

STRADA BURGER 16.50

7oz British beef patty, lettuce, tomato, mayo, spianata piccante, Cheddar & fries 1068 KCAL

8oz BRITISH SIRLOIN STEAK 26.00

Rocket and parmesan salad & skinny fries 895 KCAL

Add truffle cream 2.50 30 KCAL or peppercorn sauce 2.50 154 KCAL

SEARED SALMON FILLET 21.50

Braised chickpeas, green beans, sundried tomatoes & salsa verde 705 KCAL

ITALIAN STEAK FRITES 18.50

Flat iron steak, skinny fries, rocket and Parmesan 752 KCAL

SIDES

HOUSE SALAD (VE) 5.00

Market lettuces, cucumber, baby plum tomatoes, basil 58 KCAL

ROASTED NEW POTATOES (VE) 5.00

Garlic, olive oil, rosemary & sea salt 287 KCAL

TENDERSTEM BROCCOLI (VE) 4.50

Chilli & garlic 159 KCAL

GREEN BEANS (VE) 5.00 280 KCAL

SICILIAN TOMATO & ONION SALAD (VE) 5.00

Tomatoes, baby tomatoes, onion, Calabrian oregano, garlic salt, extra virgin olive oil, fresh basil 74 KCAL

SKINNY FRIES (VE) 4.00

Sea salt 305 KCAL

TRUFFLE FRIES (VG) 5.50

Truffle oil, sea salt & Bella Lodi 407 KCAL

DESSERTS

TIRAMISU 7.50

Espresso soaked sponge, mascarpone & cocoa 313 KCAL

JUDE'S ICE CREAM & SORBET (VG) 6.50 34 - 125 KCAL

Ice cream: vanilla, chocolate, salted caramel, strawberry

Sorbet: raspberry, mango, lemon



(VG) SUITABLE FOR VEGETARIANS. (VE) SUITABLE FOR VEGANS.

Due to the presence of nuts and gluten in some products in the kitchen there is a small possibility that nut and gluten traces may be found in any menu item. A discretionary service charge of 12.5% will be added to your bill. Our tronc service charge is to benefit the team that looked after you today. Thank you from the team.



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