

NON-GLUTEN MENU

STARTERS

LARGE GREEN OLIVES (VE) 3.45

ANTIPASTI 6.95/13.45

Cured meats, olives, buffalo mozzarella, sun-dried tomatoes & tapenade

VEGETABLE ANTIPASTI (VG) 6.95/13.45

Marinated grilled vegetables, olives, buffalo mozzarella & sun-dried tomatoes

CAPRESE (VG) 6.45

Fresh tomato, buffalo mozzarella & basil

SEARED KING PRAWNS 7.45

King prawns, chilli, garlic, parsley, lemon & white wine

PASTA & RISOTTO

ALL PASTAS SERVED WITH NON-GLUTEN FUSILLI

BOLOGNESE 11.95

Pork & beef ragù, red wine, herbs

POMODORO (VG) 9.95

San Marzano tomatoes, buffalo mozzarella & toasted pine nuts

SEAFOOD POMODORO 14.95

Mussels, squid, prawns, capers, tomatoes & chilli

CARBONARA 11.95

Pancetta, egg, black pepper, Parmesan & Iemon

RISOTTO PRIMAVERA (VG) 12.95

Summer vegetables, goat's cheese, mint, lemon & olive oil

RISOTTO LUGANICA 13.95

Luganica meatballs, pancetta, mushrooms

MAINS & GRILLS

POLLO FUNGHI 13.95

Creamy mushroom sauce, rocket & crushed potatoes

SEA BASS ACQUA PAZZA 15.95

Olives, capers, tomatoes, anchovies, parsley & white wine

8oz BRITISH FLASH STEAK 13.95

Watercress, lemon & rosemary potatoes

8oz BRITISH SIRLOIN STEAK 19.95

Grilled mushrooms, watercress & rosemary potatoes

SALADS

ADD CHICKEN 3.95, SALMON 5.95 OR GOAT'S CHEESE 3.95

CAESAR SALAD 8.45

Lettuce, crisp pancetta & creamy anchovy dressing

SUPERFOOD SALAD (VE) 9.95

Baby spinach & kale, broccoli, rocket, toasted seeds & sun-dried tomatoes

MARKET SALAD (VE) 9.95

Rocket, roasted squash, lentils, avocado, parsley, mint, lemon & olive oil

SIDES

HOUSE SALAD (VE) 3.95

Bibb lettuce, tomato, olives & house dressing

ROSEMARY POTATOES (VE) 3.95

Roasted with garlic, rosemary & sea salt

BROCCOLI, CHILLI & GARLIC (VE) 3.95

Chilli, aarlic & olive oil

ZUCCHINI (VE) 3.45

Pan seared with rosemary & olive oil

DESSERTS

IUDE'S ICE CREAM & SORBET (VG) 3.95

Ice cream: vanilla, chocolate, salted caramel, strawberry

Sorbet: raspberry, mango, lemon

GOLDEN POLENTA CAKE (VG) 5.95

Whipped cream, crème fraîche, lemon thyme & runny honey

PANNA COTTA 5.95

Smashed honeycomb & mixed berry compote



(VG) SUITABLE FOR VEGETARIANS. (VE) SUITABLE FOR VEGANS.

Due to the presence of nuts and gluten in some products in the kitchen there is a small possibility that nut and gluten traces may be found in any menu item. A discretionary service charge of 12.5% will be added to your bill. Our tronc service charge is to benefit the team that looked after you today. Thank you from the team.





